



Co-funded by
the European Union

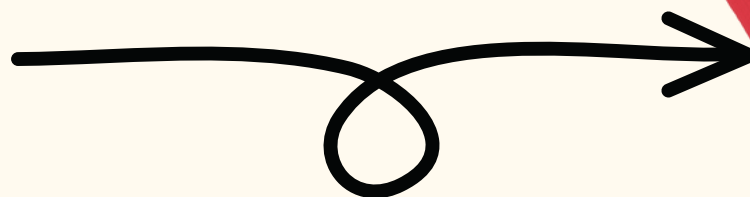


AGDISTIS



Empathy in the field of sexual diversity:

**WORDS FROM
THE HEART**



2022-1-ES01-KA220-SCH-000087432



Co-funded by
the European Union

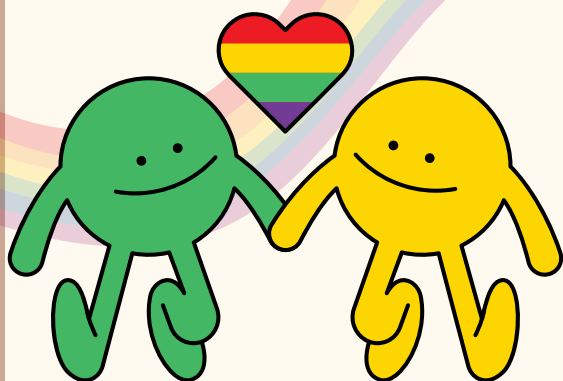


AGDISTIS

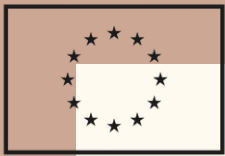
OBJECTIVES:

The **main objective** of this activity is to provoke in the students an impact with another reality different from their own in order to develop empathy as a tool to manage the sexual and emotional differences that come with gender diversity and the inclusion of LGBTBI students.

Empathy is essential in this educational stage where students express a certain fear and shame when expressing their feelings, emotions and concerns, especially in the sexual sphere.



 Colegio
Séneca
S.Coop.And



Co-funded by
the European Union



AGDISTIS

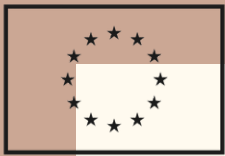
Although we live in a plural and open society,
we still have stereotypes and barriers that
discriminate against people based on their sexual
identity or their way of expressing their condition or
gender choice.

In schools it's essential to work on empathy as a
basis for respect and tolerance, sowing the
foundations of equality and love without stigmas or
stereotypes.

Other more specific objectives would be:

- To watch an animated short with respect and in
silence.
- Put yourself in the shoes of the main character
and the secondary character.





Co-funded by
the European Union



AGDISTIS

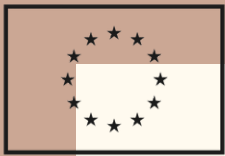
DURATION:

The activity will last approximately 1 hour, although it may be extended in time if the debate it generates requires it.

This activity can have continuity over time since it can generate other types of activities that should be taken advantage of.



 Colegio
Séneca
S.Coop.And



Co-funded by
the European Union



AGDISTIS

INSTRUCTIONS:

- The students will enter the class, which will be dark, and they will find a cardboard heart on each table.
- The teacher will not explain anything at all and will show the animated short:
<https://www.youtube.com/watch?v=2REkk9SCRn0>



When finished the teacher will make a brief reflection on the short film with the following questions:

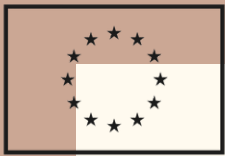
What did you feel watching the short?

How do you think the protagonist felt?

What could the other boy feel?

Have you seen the attitude of the rest of your students?





Co-funded by
the European Union

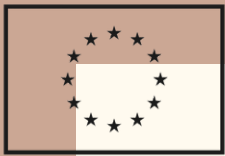


AGDISTIS

- Afterwards, the teacher will explain that each student must write a message or advice in their heart addressed to the character in the short film. They must do it with respect, empathy and it must be anonymous.
- Then, each student will place their heart in the mailbox that the teacher will have previously prepared.



 Colegio
Séneca
S.Coop.And



Co-funded by
the European Union

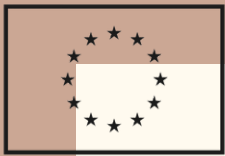


AGDISTIS



- Later, the hearts will be removed and their contents read.
- They will be read anonymously but if a student wants to read their own they can do so without any problem.





Co-funded by
the European Union

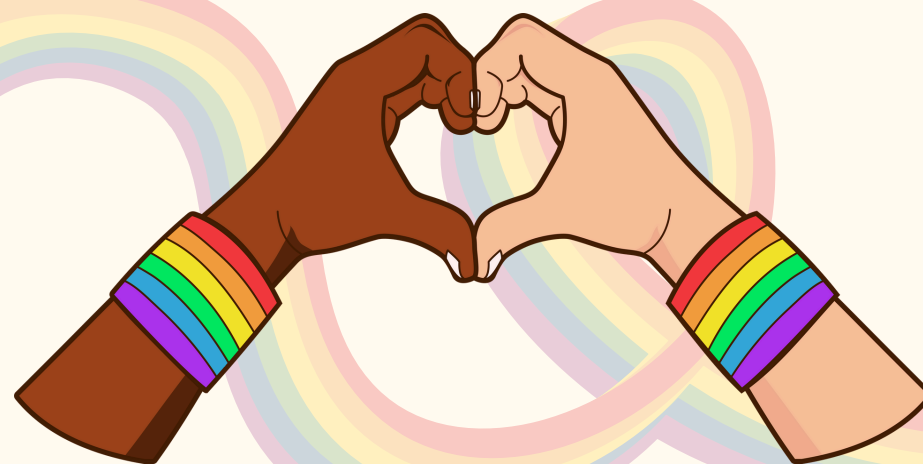


AGDISTIS

CONCLUSIONS

This activity aims for the student to be able to convey the situation of the short film and experience the feelings and emotions of the protagonist.

Empathy within emotional education is essential to create social awareness and active and respectful students with human differences, not only sexual or gender differences, but also physical, psychological, and other differences.



 Colegio
Séneca
S.Coop.And



Co-funded by
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



AGDISTIS

THANK YOU!

2022-1-ES01-KA220-SCH-000087432

 **Colegio
Séneca**
S.Coop.And