



# EMOTIONAL INTELLIGENCE WITH A GENDER PERSPECTIVE

TITLE	Role-Playing Dynamic with Situation Scripts
DESCRIPTION OF THE TOOL	This tool comprises a series of role-playing scenarios designed to help secondary school students explore and discuss issues related to gender diversity and non-normative behavior. The scripts cover situations such as gender-based bullying and expression, providing a safe space for students to understand and empathize with different perspectives. Each scenario is followed by guided reflection and discussion to deepen students' emotional intelligence and promote inclusivity.
OBJECTIVES OF THE TOOL	<ul> <li>Develop empathy and understanding for individuals with diverse gender identities and expressions.</li> <li>Promote effective conflict resolution and inclusive behaviors.</li> <li>Help students reflect on and manage their own emotional responses in situations involving gender diversity.</li> <li>Foster a supportive classroom environment through interactive and engaging learning.</li> </ul>
TARGET GROUP	Secondary school students (ages 12-18), teachers, and school counselors focusing on enhancing students' understanding of gender diversity and Emotional Intelligence.
TOOL DURATION	Total duration: Approximately 40-50 minutes per session  - Introduction: 5 minutes  - Role-Playing Activity: 20-25 minutes  - Reflection and Discussion: 15-20 minutes
RESOURCES & MATERIALS	<ul> <li>Situation Scripts (attached)</li> <li>Printed copies of scripts: One for each student or group</li> <li>Blank sheets of paper: For note-taking during reflections</li> <li>Pens/Pencils</li> <li>Optional: Props or costume pieces to enhance role-playing experience</li> </ul>
IMPLEMENTATION OF THE TOOL	1. Introduction to Role-Playing Begin by explaining the purpose of role-playing. Emphasize that the activity aims to help students understand different perspectives and





develop emotional intelligence by exploring real-life scenarios involving gender diversity and non-normative behavior.

### 2. Distribute Scripts

Hand out the printed scripts to students. Explain the scenario and assign roles to each participant. Ensure that students understand their characters' backgrounds and the context of the situation.

### 3. Conduct Role-Playing

Allow students to act out the scenario. Encourage them to fully engage with their roles and express their characters' emotions and viewpoints. Use this time to observe interactions and note key points for the discussion.

#### 4. Guide Reflection

After the role-playing, lead a reflection session. Discuss how the characters felt during the scenario, what actions were taken, and what could have been done differently. Use guided questions to facilitate this discussion.

## 5. Discuss Emotional Intelligence

Connect the role-playing experience to the concepts of emotional intelligence. Discuss how self-awareness, empathy, and social skills were involved in the scenario and how they could be applied in real-life situations.

#### 6. Wrap-Up and Feedback

Conclude the session by summarizing the key lessons learned. Provide positive feedback on students' participation and encourage them to apply these insights in their daily interactions.

# TIPS & ADDITIONAL INFORMATION

- Ensure that the classroom environment is supportive and respectful. Make it clear that role-playing is a learning activity and that all viewpoints should be respected.
- Feel free to adapt the scenarios to better fit your students' experiences or the specific issues they may face.

















# **AGDISTIS**

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