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THE MAGIC MIRROR



Istituto d'Istruzione Superiore
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OBJECTIVES:

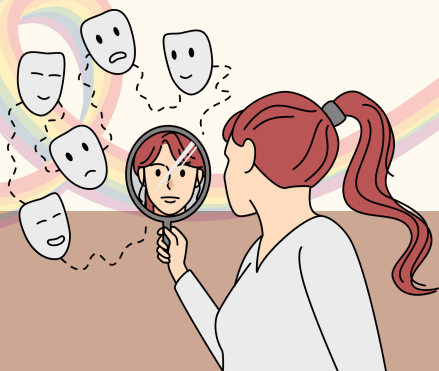
The main objective is to promote self-esteem in primary school students through the positive vision that their classmates have regarding them.

The foundations of self-esteem are built from early childhood. Boys and girls will perceive a vision of themselves based on the people around them, in this case, their classmates and teachers.

Making them feel valued, loved, appreciated and understood will be decisive for the positive development of their personality.

The opinion that others have about ourselves is very important at this age, when it is essential to have a positive external view to create a positive image of ourselves.

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Other objectives will be:

- Develop empathy for other persons.
- Recognize that all people have virtues and defects .
- Focus attention on the positive traits of our classmates.
- Promote an atmosphere of understanding and respect in the classroom.
- Encourage students to give their best.
- Create spaces of comprehension and understanding within the classroom.
- Promote friendship, camaraderie and respect among the students.

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DURATION:

The activity will last approximately 1 hour, although it may be extended in time if the debate it generates requires it.

This activity can have continuity over time since it can give rise to other types of activities that should be useful.



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INSTRUCTIONS:

- The teacher will make a magic mirror that will serve as a model for the students.
- Each student will make his/her own magic mirror using cardboard and recycled materials. The mirror will be hollow so you can see through both sides. It is a magic mirror because its reflection (a classmate) will tell us the things he/she likes most about each of us.
- When all the students have made their mirror, the game will begin.
- Then we will make groups of six students. One of them will take his/her mirror and the other five classmates will go behind the mirror and tell them the things they like most about him or her. In addition, they can write it down and make a small drawing.

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- Afterwards, the students will be able to fill the bottom of their mirrors with writings and drawings of their classmates.
- This activity can be done during several days so that the different groups can rotate.
- Finally, each student will take home his/her magic mirror with the positive things that their classmates think about him/her and place it in his/her room or in a place where he/she can see it daily.
- You can also make a collective magic mirror for the class listing the most positive aspects of the class group and place it in a privileged place into the classroom which turns into a meeting and coexistence point for all the students.

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- If there is a problem between two or more students, they will be able to go to the **magic mirror point** to solve it.

ALL THINGS
are
POSSIBLE

BELIEVE
- in you -

NEVER
• give up •

STAY
POSITIVE

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CONCLUSIONS

Promoting a positive self-image is a challenge among Primary Education Students.

During this time, fears and insecurities begin to emerge, which often lead to problems of self-esteem and social development for boys and girls. Through this activity we aim to take another step in emotional education by giving students tools to help their classmates to get a more positive image of themselves by reinforcing their virtues and strenghts.

This is a reciprocal process since the students not only send positive messages to their classmates but also receive them and it is in this feedback where the change really occurs.

The place where the magic mirror is set is a place of conflict resolution, apologies and hugs and awareness of the idea that we all make mistakes. The important thing is to arrange them to create a place of coexistence, empathy and friendship within the classroom.

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