

Emotional Intelligence with a Gender Perspective

# Role-Playing Dynamic







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## SCENARIO 1

# EXCLUSION OF A TRANSGENDER STUDENT

### **SITUATION**

A transgender student named Alex is being excluded from a group of friends at school because of their gender identity. The group often leaves Alex out of activities and avoids including them in conversations.



### **SCRIPT**

- Alex: The transgender student trying to be accepted.
- Jamie: The leader of the friend group, who is unsure how to include Alex.
- Taylor: A group member who is openly supportive of Alex.
- Casey: A group member who is hesitant and feels uncomfortable with Alex's gender identity.



- Alex: "Hey Jamie, can I join you guys for lunch today?"
- Jamie: (hesitant) "Uh, I don't know... We kind of have our own thing going on. Maybe another time?"
- Taylor: "Why not? I think it would be fun to have Alex join us. What's the harm?"
- Casey: (whispering) "I just don't feel comfortable with it. It's different, you know?"

# ACTION!

- How did Alex feel being excluded? How do you think it affected their emotional well-being?
- What could Jamie have done to include Alex? How might empathy play a role in this situation?
- What were Taylor and Casey's perspectives? How can understanding different viewpoints help in resolving conflicts?



## SCENARIO 2

# HANDLING NON-NORMATIVE BEHAVIOR

### **SITUATION**



Jordan, a student, is teased for choosing activities that are not typically associated with their gender, such as a boy interested in ballet or a girl interested in mechanics. Other students make jokes and avoid partnering with Jordan in class projects.

### **SCRIPT**

- Jordan: The student engaging in non-normative behavior.
- Riley: A classmate who participates in teasing Jordan.
- Morgan: A student who doesn't agree with the teasing but is afraid to speak up.
- Sam: The teacher who notices the behavior and intervenes.



- Jordan: "Hey, anyone want to partner with me for the science project?"
- Riley: (mockingly) "Why don't you just dance your way through the project, Jordan?"
- Morgan: (quietly) "Riley, that's not cool. We should be nicer."
- Sam: "What's going on here? Jordan, it's great that you're pursuing your interests. Let's show respect for everyone's choices."

### **ACTION!**

- What emotions do you think Jordan felt during this situation?
   How could they manage those emotions?
- What role does empathy play in understanding Jordan's perspective?
- How did Sam's intervention impact the situation? What other actions could have been taken?



# SCENARIO 3 SUPPORTIVE PEER RELATIONSHIP

### **SITUATION**

Taylor has come out as non-binary and is finding it challenging to manage school life with their new identity. Taylor's friend, Morgan, wants to support them but isn't sure how best to do so.



### **SCRIPT**

- Taylor: The non-binary student.
- Morgan: The supportive friend trying to understand and help.
- Jordan: Another student who doesn't understand non-binary identities.
- Alex: A student who provides information and helps clarify.



- Taylor: "I just don't feel like I fit in anywhere anymore. It's hard being non-binary here."
- Morgan: "I want to support you, but I'm not sure what to do. How can I help?"
- Jordan: "Non-binary? What does that even mean? Can't you just be a boy or a girl?"
- Alex: "Non-binary means not identifying strictly as male or female. It's important we respect how Taylor feels."



- What challenges does Taylor face in expressing their nonbinary identity?
- How can Morgan support Taylor in a meaningful way? How does empathy help?
- How did Alex's explanation help Jordan understand? What role does education play in acceptance?



## SCENARIO 4

### ADDRESSING GENDER-BASED BULLYING

### SITUATION

Casey is being bullied by classmates because they like wearing clothes that are not typically associated with their gender. The bullying is making Casey feel isolated and sad.



### **SCRIPT**

- Casey: The student experiencing bullying.
- Jamie: A student who is bullying Casey.
- Taylor: A student who witnesses the bullying and decides to intervene.
- Sam: The teacher who addresses the issue with the class.



- Casey: "Why do you always have to make fun of what I wear? It's just clothes."
- Jamie: (mockingly) "Because it's weird. Why can't you dress like everyone else?"
- Taylor: "Stop it, Jamie. Casey can wear what they want. It doesn't hurt anyone."
- Sam: "Bullying is not acceptable in any form. We need to respect everyone's choices and identities."



- How does bullying affect Casey emotionally? What can Casey do to cope with these feelings?
- What motivated Taylor to intervene? How does standing up for others demonstrate social skills and empathy?
- What actions can the teacher take to address and prevent bullying in the future?

responsible for them.





