



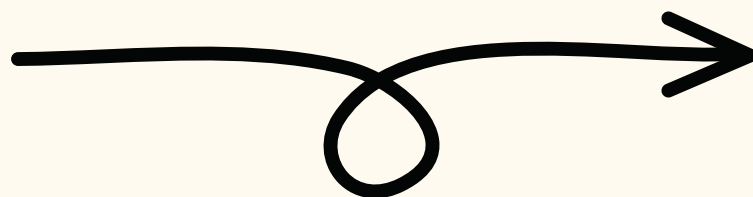
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AGDISTIS



**Everyone
Can Be
a Hero!**



2022-1-ES01-KA220-SCH-000087432



VAEV R&D



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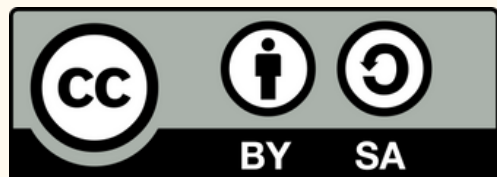
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Who Can Be a Hero?

We are going to explore what it means to be a hero.

Can boys and girls both be heroes?

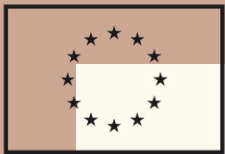
What makes someone a hero?

Is it about being strong, kind, or clever?

Is it about helping others?

We will learn together that everyone can be a hero, no matter what they like or who they are.





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What Can Boys and Girls Do?



Now, let's think about what boys and girls can do.



Can boys play with dolls?

Can girls be good at sports?

Let's explore together!



You will each get a list of statements about what boys and girls can do, and we'll talk about what you think.





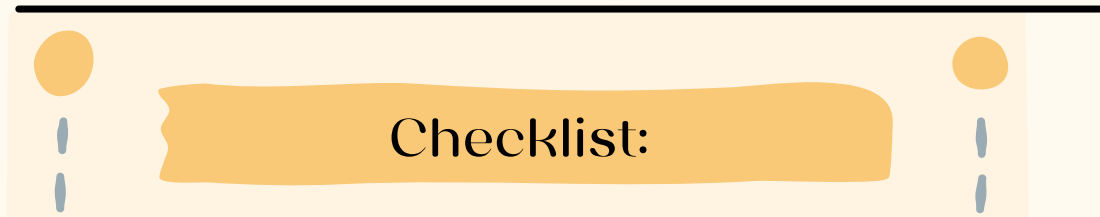
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Gender Role Stereotypes - The Checklist



Here are some statements.
You will answer 'Yes' or 'No' for each one, based on what you think.

There are no right or wrong answers!
Afterward, we'll talk about them together.



Girls can be good at sport.

Boys can play with dolls.

Girls can be engineers.

Boys can enjoy cooking.

Girls can love video games.

Boys can wear pink.

Girls can lead companies.

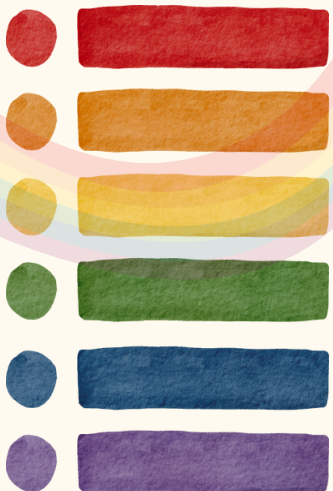
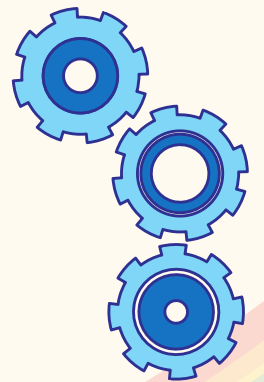
Boys can be nurses.

Girls can be strong and brave.

Boys can cry when they feel sad.

Girls can like cars and trucks.

Boys can take dance classes.





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Let's Talk About It!

Now, let's talk about what you answered!



Who thinks girls can be strong?

Who thinks boys can enjoy cooking?



Why do we sometimes think certain things are only for boys or only for girls?

Do you think it's okay for boys and girls to do different things?

Why or why not?





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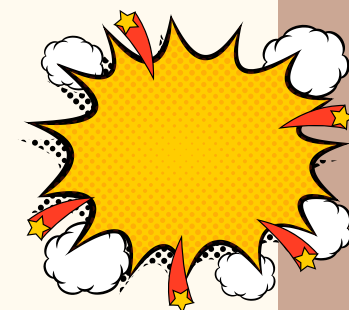
Create your hero!

Now we will split into groups, and each group will get a special card. This card has a hero on it. Your job is to learn about your hero, give them a name, and think of what makes them special. After that, draw your hero and come up with a short story about their adventure.

Then, your group will present your hero and act out their story!

Work together in your groups to draw your hero and think about what makes them special.

- **What does your hero look like?**
- **What is their superpower?**
- **Do they help others, explore new places, or stand up for people?**



Use your imaginations—there are no wrong answers!



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Hero Character Card 1: The Brave Explorer

Write your hero's name: _____

What makes your hero brave? _____

What challenges does your hero
face on their adventures? _____

How does your hero help others? _____



Draw your hero here:



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Hero Character Card 2: The Kind Friend

Write your hero's name: _____

How is your hero kind to others? _____

How does your hero help their
friends? _____

What problem does your hero solve
with kindness? _____



Draw your hero here:



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Hero Character Card 3: The Clever Inventor

Write your hero's name: _____

What makes your hero clever? _____

What inventions does your hero
create? _____

How do these inventions help
others? _____



Draw your hero here:



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Hero Character Card 4: The Strong Protector

Write your hero's name: _____

What makes your hero strong? _____

Who or what does your hero
protect? _____

How does your hero use
their strength to help others? _____



Draw your hero here:



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Hero Character Card 5: The Compassionate Healer

Write your hero's name: _____

How does your hero heal others? _____

What special powers or skills
does your hero have? _____

How does your hero make
others feel better? _____



Draw your hero here:



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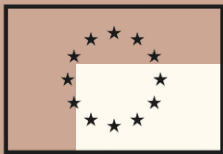
Who Is Your Hero?

Each group will introduce their hero to the class!

When presenting, share:

1. **Hero's Name:** What is your hero called?
2. **Hero's Special Powers:** What makes them unique? Are they brave, kind, strong, creative?
3. **Hero's Story:** What problem does your hero solve? How do they help others?
4. **Hero's Personality:** Is your hero funny, serious, calm, or full of energy?
5. **Hero's Strengths:** How do these strengths show that anyone—boy or girl—can be a hero?





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What Did We Learn?

Heroes Can Be Anyone: Boys and girls can have the same strengths and talents!

Breaking Stereotypes: We've learned that everyone can do what they love, no matter their gender.

Girls can lead, be strong, and enjoy sports.

Boys can be kind, care for others, and express emotions.

Everyone is Unique: Just like our heroes, we are all different and special in our own ways.

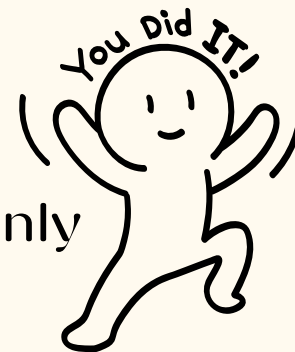
Teamwork: Working together helped us share ideas and celebrate everyone's strengths!

Questions:

What was surprising or fun about making your hero?

Did your hero do anything that people usually think only boys or girls can do? What was it?

How can we all be heroes in our own way?





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